Why volunteer?

There are many reasons…..

- Give back to your school and community
- Gain experience and explore a career
- Support a cause that personally important
- Share an activity with family or friends.
- Become eligible for Scholarship Opportunities
- Have Fun!

Volunteering is important not only to give back to your community, it is essential to be successful in your future. More and more colleges, scholarship programs and even employees are taking a closer look at community service. Getting involved demonstrates your civic responsibility.

I encourage you to use this Community Service Booklet to start you on your path to volunteering or to expand your continued service! The booklet is organized by career area so that you can begin to explore your career interests.

Remember to keep track of your events and have FUN!

Vicky López Sánchez
Director, TRIO Talent Search
More Community Service Opportunity Links:

- http://www.handsonportland.org/Ways_To_Volunteer
- www.oregonzoo.org - All year events
- http://cincodeMayo.org/be-a-volunteer/- Only in May
- http://www.caowash.org/
- www.volunteermatch.org -
- www.idealist.org
- www.nwfs.org
- www.DonateLifeNw.org
- www.salvationarmyusa.org
- www.shrinershq.org
- www.oregonvolunteers.org
- www.medicalteams.org/sf/home.aspx
- http://portlandartmuseum.org/join/volunteer
- www.igivewhereilive.net
- www.oregoninvolved.org

Community and Social Services

Bienestar (Formerly Housing Development Corp)
222 SE 12Th Ave Ste A100
503-693-2937  www.bienestar-or.org
Opportunities: lead a community service project with your service club, volunteer to work with children/adults

Centro Cultural Center
1110 N. Adair   (Cornelius, OR 97116)
503-359-0446    www.centrocultural.org
Opportunities: Office/front desk, computer work, mass mailing, help prepare meals, organize cultural events, deliver meals for Laves & Fishes Centers

Hillsboro Farmer’s Market– Sat & Sun
232 NE Lincoln
503-844-6685

Hillsboro Tuesday Marketplace
400 E. Main Street Ste. 140
503-601-0478
http://www.tuesdaymarketplace.org/friends/volunteer/
Opportunities: many volunteer opportunities, depends on season, check on website or call for more information

Home Plate Youth Service
332 NE 6th Ave. Hillsboro
1841 SW Merlo Dr. Beaverton
(971)238-3055
http://www.homeplateyouth.org/get-involved
Opportunities: Serve a dinner, weed the garden, assist with resumes, sort our donations. There are so many ways to help out.

Kerr Bikes
503-262-0187
meghana@albertinakerr.org
424 NE 22nd Avenue, Portland, OR 97232
http://www.albertinakerr.org/GetInvolved/Volunteer
Opportunities: Volunteer in one of our programs for adults and children with mental health challenges and developmental disabilities, join a special event committee or work at Albertina’s Restaurant and Shops.

Habitat for Humanity, Inc. – Willamette West
5293 NE Elam Young Parkway Suit 140
503-844-7606 www.HabitatWest.org
Opportunities: Help building/construction (no power tools, 16+ years old).

Help Empower Youth Together (HEY!)
4450 NE 229th AVE.
503www.heytogether.org
Opportunities: Assist in hosting a booth at Celebrate Hillsboro; Set-up, call to learn about more HEY! Volunteer opportunities

Hillsboro Public Libraries/Friends of the Hillsboro Public Library
Main Library
2850 NE Brookwood parkway
503-615-6500
(14+ Years Old)

Beaverton Public Library
12375 SW Fifth Street, Beaverton, OR 97005
503-526-3703
Must work a minimum of two consecutive hours each week for at least three months . (14+ Years Old)

Hillsboro Parks & Recreation
4400 NW 229th Ave
503.615.3479 http://www.ci.hillsboro.or.us/ParksRec/Volunteer/CurrentVolunteerOps.aspx
Opportunities: Classroom assistance w/recreational, arts/crafts activities.

1) Shute Park Aquatic and Recreation Center (SHARC) - Instructor aid program, junior lifeguard program, special events
2) Park Beautification - Trail grooming, flower planting and landscaping
3) Recreation - Special events, summer classes and after-school

KBOO Radio Station
503-231-8032 x213.
http://www.kboo.fm/volunteer
KBOO, 20 SE 8th Ave
Portland, OR
(18+ years old)
Opportunities: Front desk work, janitorial work, community reporting, hosting information booths, clerical support, news writing, documentary making, engineering live music, operating sound boards, engineering and computer help, website upkeep, and many other things.

OMSI Teen Science Alliance - Thinkineers
503-239-7814
1945 SE Water Ave. Portland, OR 97214-3354
http://programs.omsi.edu/teen-science-alliance-thinkineers
Opportunities: Learn about and practice science facilitation. As well as technology, art and engineering through their work in small groups to resolve a design challenge.

Adelante Mujeres
2036 Main St. Ste A, Forest Grove, OR 97116
Phone (503) 992-0078 ext 206 Fax (503) 359-1939
info@adelantemujeres.org
Opportunities: internship and work study opportunities. Create a welcoming atmosphere where volunteers, staff and Adelante Mujeres participants alike collaborate in community-building efforts.
**Education/Youth Related**

**Portland Children's Museum**
503-223-6500  
www.portlandcm.org/get-involved/employment-and-volunteer  
4015 SW Canyon Rd, Portland, OR  
Opportunities: Create a positive experience for the benefit of all children: on the Museum floor, in the Opal School, or through the Museum Center for Learning.

**Start Making a Reader Today (SMART)**
971-634-1634  
101 SW Market St, Portland, OR 97201  
SMART@getsmartoregon.org  
http://www.getsmartoregon.org/get-involved/volunteer/  
Opportunities: Spend an hour each week during the school year reading one-on-one with PreK through third-grade children.

**Hillsboro School District 1J/ Hillsboro Schools Foundation**
3083 NE 49th Place
Hillsboro, OR 97124  
Contact: depends on area of interest  
503-844-1500  
www.hsd.k12.or.us

**C.P.A.H. (Community Partners for Affordable Housing)**
Contact: Shannon Wilson  
503-293-4038  
Contact: Elena Knepprath  
http://www.cpahinc.org/  
Opportunities: Help out with games and crafts, as well as tutoring and homework help.

**Kinship House**
1823 NE 8th Ave.,
Portland, OR 97212  
http://kinshiphouse.org/  
503-460-2796

**Tualatin Hills Park & Recreation District**
http://thprd.org/about/volunteer/youth.cfm  
Or Contact Melissa Marcum at mmarcum@thpd.org

**L.E.S.T.A. Learn English/Spanish Through the Arts**
10827 SW 121ST AVE  
Tigard OR  97223  
503-617-6986  
www.lesta.net  
Opportunities: Office work, cultural understanding, academic and creative development for kids and adults via musical theatre

**Oregon Food Bank – Tualatin Valley Food Center**
Contact: Laura Jandt or Lindsey Duvall x3393  
21485 NW Mauzey Rd  
(503) 439-6510 x2272  
http://www.oregonfoodbank.org  
Opportunities: Fresh alliance and perishables repack room, food recovery center.

**Salvation Army**
351 SE Oak St  
503-640-4311  
www.tsacascade.org  
Opportunities: Activities with kids, hot meals, food box preparations, receptionist/clerical/special events assistant (18+ years old).

**Youth Contact**
447 SE Baseline St  
503-844-1688  
www.youthcontact.org  
Opportunities: Assist with running the Clothes Closet, assist in ESL Classes
Health Care

Red Cross
503-528-5439
deborah.mills@redcross.org

Hillsboro Rehabilitation and Specialty Care
650 Oak St
Contact: Rena Atwood 503-648-8588
Opportunities: Rehab therapy, writing letters for residents, playing games, arts and crafts, playing chess, playing musical Instruments, decorating, etc. (16+ years old)

Pregnancy Resource Center
4975 SW Watson Ave. Beaverton OR 97005
Contact: Nikki Holmes 503-643-4503
Opportunities: clerical/office work, general projects

Tuality Healthcare/ Tuality Healthcare Foundation
335 SE 8th Ave
Opportunities: Assist in the preparation/planning of events, information desk (16+ years old + 100 hour commitment)

Providence St. Vincent Medical Center
9205 SW Barnes Road
Portland, OR 97225
503-216-2159
Opportunities: guest concierge, patient information, gift shop assistance, courier and transport services, nursing and office support. (16+ years old)

Doernbecher Children's Hospital
503-418-5376
volunteer@ohsu.edu
3181 SW Sam Jackson Park Road, Portland, OR 97239
http://www.ohsu.edu/xd/health/services/doernbecher/how-to-help/volunteer/index.cfm
Opportunities: Many Opportunities that are rewarding for

SHELTER/Domestic Violence Resource Center (Monica's House)
Washington County
Contact: Children’s Advocate 503-469-4580
Opportunities: Kid’s club, play with children, fundraising/ drive (16+ years old) 6 month commitment.

Mayor’s Youth Advisory Board
12725 SW Millikan Way
Beaverton, OR 97005
503-526-2227 www.beavertonoregon.gov
Opportunities: Educating the general public concerning issues affecting youth through publication of information and public forums.

Beaverton Police Department (Youth Peer Court)
4755 SW Griffith Dr.
Beaverton, OR 97076-4755
(503) 526-2562
Opportunities: Participate in the criminal justice system.

Washington County Hospice, Inc.
900 SE Oak St. Suite 202
503-648-9565 www.hospicepalliativeportland.org
Opportunities: Clerical support, provide friendship (18+ years old)

Oregon Food Bank
7900 N.E. 33rd Drive, Portland, OR 97211
503-282-0555 http://www.oregonfoodbank.org/Volunteer
Opportunities: Repackage food donations, maintain Learning Gardens, help out in our offices, lend a hand at events, and more.
volunteer coordinators.

**DISJECTA CONTEMPORARY ART CENTER**
Jessica Nickel
volunteer@disjecta.org
286-9449
disjecta.org
Opportunities: gallery attendants, exhibition workers, technical sound and lighting personnel, special-event staff, and event bartenders.

**Bag & Baggage Productions**
6085 NE Alder St.
503-345-9590 www.bagnbaggage.org
Opportunities: ushering or assisting in other methods of support for the company

**Walters Cultural Arts Center**
527 E Main St
503-615-3485 www.ci.hillsboro.or.us/Arts/WCAC
Opportunities: Ushers, special events, graphic design, publicity services, poster distribution

**Free Geek**
1731 SE 10th. Ave. Portland Oregon
http://www.freegeek.org/volunteer/build-program/
Opportunities: Volunteer in the Build Program and learn how to build your own computer to take home. (16+ years old)

**Social Services**

**Willamette West Hbital for Humanity**
5293 NE Elam Young Parkway, #140, Hillsboro, Oregon
503.844.7606
www.habitatwest.org
Opportunities: build homes for families in need. (16+ years old)

**The Dougy Center**
230 NE 2nd AVE, Ste E

you while serving the needs of our patients, families and visitors.

**Life, Physical, And Social Science**

**Jackson Bottom Wetlands Preserve**
2600 SW Hillsboro Hwy.
Contact: Jan Curry, Volunteer Coordinator
503-615-34-79 janc@ci.hillsboro.or.us
http://www.hillsboro/oregon.gov/parks/volunteer
Opportunities: Wetlands Education Center/Tours, research, trail work, special events, service learning projects

**Oregon International Airshow**
PO Box 37
503-629-0706 www.oregonairshow.com
Opportunities: setup/teardown crew, beverage/ice cream booth, reserved seating attendants (16+ Years Old)

**SOLV- Stop Oregon Litter and Vandalism**
5193 NE Elam Young Pkwy, Ste B
http://www.solv.org
(503) 844-9571
Opportunities: Various Projects, Spring Beach Clean Up (Mar.), Fall Beach Clean Up (Sept.)

**Tualatin River Watershed Council**
PO Box 338
503-846-4810 www.trwc.org
Opportunities: supplies, material such as native plants, and services for restoration projects

**WashCo BTC – Community Bicycle Center**
137 NE 3rd Ave
503-844-9740 www.washcobtc.org
Opportunities: Each Tuesday from 6pm-9pm, work on old bikes for recycling then resale bike or donate, housekeeping

**Veterinarian**

**Pixie Project**
volunteer@pixieproject.org
Opportunities: We are looking for volunteers in the following categories: veterinarians, veterinarian technicians, lobby greeters, event volunteers, kennel assistants, foster

Animal Aid
503-292-6628 (Option 4)
5335 SW 42nd Ave, Portland, OR 97221
http://www.animalaidpdx.org/helping/volunteer.php
(16+ years old)
Opportunities: Help care for animals during their stay at the shelter.

Oregon Zoo
503-226-1561
4001 SW Canyon Road, Portland, OR 97221
http://www.oregonzoo.org/get-involved/volunteer-zoo
Opportunities: Event volunteers, Zoo Guides, Group Volunteers.

Bonnie L. Hays Small Animal Shelter
1901 SE 24th AVE
503-846-7149
Email: Animal_Services@co.washington.or.us
www.co.washington.or.us/HHS/Animal Services/
AnimalShelter/
Opportunities: Dog walkers, kitty playmate, variety of options (16+ years old)

Hondo Dog Park/Hillsboro Dog Association
North of Evergreen, off 229th AVE (across from the Hillsboro Stadium)
503-615-3479 Email: Hillsboro@gmail.com
www.hillsborodogs.com
Opportunities: Fundraising, public relations, clean-up projects.

CAT ADOPTION TEAM
Nancy Puro nancyp@catadoptionteam.org
925-8903, ext. 258
Opportunities: customer service, skilled with animals or excellent at data entry. Bring your compassion and skills to CAT and help save lives

FIDO—FRIENDS INVOLVED IN DOG OUTREACH
Linda Cloud
animeals.clackamas@gmail.com
971-678-6940
Opportunities: Help seniors and low-income families keep their pets at home by providing food and other supplies. Help package and deliver pet food, help with fundraising, and work in warehouse Wednesday mornings.

PROJECT POOCH, INC.
PO Box 305
Lake Oswego, OR 97034
Phone: (503) 697-0623
Fax: (503) 636-5908
DeVida Johnson devida@pooch.org
pooch.org
Opportunities: OOCH ambassadors raise awareness about our work and the importance of re-homing shelter dogs.

MUST LOVE DOGS NW
incoming@mustlovedogsnw.com
866-990-3647
mustlovedogs.org
Opportunities: work to re-home dogs that are abused, neglected, homeless or about to be homeless, and those in shelter settings. Provide spay/neuter and microchip assistance to animal.

Arts, Design, Media, Music

PDX POP NOW!
Beth Martín
pdxpopnow.com
volunteer@pdxpopnow.com
Opportunities: festival event staff, compilation-selection listeners, grant writers, fundraising and sponsorship coordinators, finance and media coordinators, Web developers and